

ADDICTION & FAITH CONFERENCE

BREAKOUT SESSION

Beyond Addiction and Trauma: A Healing Journey

Twila Wilson, LCSW

Our advanced ability to study the brain has revealed much new information to assist persons in their recovery from addiction. Research and clinical experience indicate a high incidence of trauma in the lives of people with addictions. Trauma may precede active addiction, or occur during active addiction. Science has now shown the impact of both addiction and trauma on the brain. This workshop will shed light on why recovery might be a more difficult path for those who have trauma in their history.

- Learn brain science of addiction
- Understand the historical background of trauma
- Explore the connection between addiction, trauma, and mental health
- Discuss gender differences



Twyla Wilson is a Licensed Clinical Social Worker in private practice who specializes in addiction treatment, particularly gender-responsive, trauma-informed approaches for women. Twyla is currently contracted to run the Women's Intensive Outpatient Program (IOP) at October Road in Asheville, NC.