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Michael Burnham

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Family Support



Providing HOPE for those with Chronic Pain and Addiction

ADDICTION & FAITH CONFERENCE

A conference for congregations,
clergy and care givers.

FROM THE WORLD OF CHURCH:

clergy, synod staff, deacons and deaconesses, parish nurses,
youth leaders, addiction awareness teams, congregants,
and the community of people in recovery.

From the world of addiction treatment:

treatment center staff, healthcare professionals.

September 28, 29, 30, 2018

DoubleTree by Hilton
Bloomington, MN

www.addictionandfaithconference.com
<https://addictionandfaithconference.sched.com/>

#addictionandfaith

Welcome

TO THE 2018 ADDICTION AND FAITH CONFERENCE

Notes:

PURPOSE

With the growing concern over the devastation of all forms of addiction, including the ever-increasing opioid addiction, the Fellowship of Recovering Lutheran Clergy (FRLC) presents this conference on addiction and faith to raise awareness of the terrible addiction problem we face and how the church and people of faith can help to address it.

CONFERENCE OBJECTIVES

- Link congregations and congregation leaders with information and resources that can help them fight addiction in their local congregations and communities.
- Discover proven, innovative and creative ways colleagues are successfully ministering to those addicted and their loved ones.
- Improve knowledge and practices of ways to create healing addiction ministries for the benefit of the church, the communities we service, and to humankind.

FELLOWSHIP OF RECOVERING LUTHERAN CLERGY

This conference is hosted by the Fellowship of Recovering Lutheran Clergy (FRLC). FRLC is an anonymous group of Lutheran pastors in recovery seeking to carry the message of recovery. The FRLC recognizes addiction as primary, progressive, predictable, chronic, and terminal. Addiction can be arrested at any stage of its development. Recovery from any and all addiction is a spiritual process. FRLC members bear witness to this truth at every level of Church. All Lutheran clergy struggling with any form of addiction are welcome. For more information see www.FRLC.org

ACKNOWLEDGMENTS

CONFERENCE SPONSORS

PLATINUM

The Minneapolis Area Synod
Imagination Grant
Fairview Health Services
Transfiguration Lutheran Church
Coffman Memorial
Michael Burnham Memorial
Fellowship of Recovery Lutheran Clergy

GOLD

Logos Bible Software/Faithlife
The Dungan Family

SILVER

Minnesota Department of Human Services
St. Andrew Lutheran Church
Benevolence Fund
All Saint Luthren Church, Palatine, IL

BRONZE

Minnesota Recovery Connection
Vinland National Center
Wayside Recovery Center

CONFERENCE PLANNING COMMITTEE MEMBERS

Addiction and Faith Team

MEMBERS

Rev. Al Dungan
Rev. Arthur Murray
Brad Nolte
Rev. Beth Walch
Deb Green
Rev. Dorothy Sandahl
Rev. Dr. Ed Treat
Rev. Eyglo Bjarnadottir
Rev. Gretchen Enoch
Herb Bolin
Rev. James Snyder
Rev. Karen Treat
Linda Meyer
Louise Olson
Rev. Martha Postlethwaite
Rev. Melanie Martin-Dent
Peggy Malinowski
Rev. Roger Griffiths

EXHIBITORS/SUPPORTERS

- Portico Benefit Services • Augsburg College Step Up Program
- The Saint Paul Area Synod • Breakthrough Treatment Center
 - Chritus Victor Lutheran Church, Baltimore MD
- Hazelden Betty Ford Foundation • Loyola Spirituality Center • NuWay
 - Shepherd of the Lake Lutheran Church • The Retreat
- Traverse Counseling & Consulting • The Steve Rummler Hope Network

ADDICTION & FAITH CONFERENCE

2018

11000 France Ave South, Bloomington, MN 55431
www.addictionandfaithconference.com

SAVE THE DATE
2019 ADDICTION AND FAITH CONFERENCE
September 27, 28, 29, 2019

HELPFUL INFORMATION

ONLINE CONFERENCE APP

Access the conference program on your mobile device here:

<https://addictionandfaithconference.sched.com/mobile>

Free Internet service is provided in the Garden Court Area, the hotel lobby, and in guest rooms. Service is not provided during keynote sessions, workshops in the Atrium Room, nor in any of the Breakout Session Vista Rooms. Please put your phones down and listen; phones can be an addiction too.

REGISTRATION DESK HOURS

You can find help and assistance at the conference registration desk in the Garden Court.

Friday: 3:00 - 6:00 PM

Saturday: 7:30 AM - 9:00 AM & 4:45 - 6:00 PM

And during all breaks Saturday and Sunday.

For emergencies, please contact:

Peggy Malinowski 952 237-1069 or Rev. Arthur Murray 646 479-6788

ACCESSIBILITY ASSISTANCE AND MOTHERS' ROOM

Please stop by the DoubleTree main reservation desk area for assistance with disability parking, elevator access, Mothers' Room access and other needs.

BREAKOUT SESSIONS

Concurrent breakouts will be presented twice. Please see session descriptions for details to best select the sessions for you.

PRESENTATION SLIDES AND HANDOUTS

Breakout session handouts and presentation slides are online as session presenters have made them available. They will remain on the conference website after the event for one month. Printed handouts will also be available at each breakout session.

EXHIBITS AND BOOK SALES

Informational displays can be found in the Garden Court Friday and Saturday. You will have an opportunity to visit with exhibit staff before breakfast and during conference breaks. Books for this conference are provided by Subtext, an independent bookstore in Saint Paul, Minnesota. Our thanks to them. See your registration materials for a list of available books.

FREE TIME ACTIVITIES

Throughout the conference (early morning, late afternoon and evening) 12-Step, Recovery Yoga Meetings, Yogadevotions, and Conscious Contact Spiritual Drumming meetings are offered. These activities are presented for your enjoyment but also as examples of recovery ministry that could be offered in your congregation. Please check your conference schedule for times and locations.

Also offered are Spiritual Direction One on One Meetings (donation) and Therapeutic Massage (fee). Pre-registration required and was available online prior to the conference.

CEU CERTIFICATES

General Continuing Education Units (CEU) hours are available for up to 9 contact hours. Certificates will be available through Saturday night for 7 hours and for 9 hours following the final session of the conference. Pick up your certificate following the final Keynote address of the day Saturday and after the final session on Sunday.

FRLC HOSPITALITY ROOM

Hospitality is provided by the Fellowship of Recovery Lutheran Clergy (FRLC) in Cabana Room 215, second floor. Hospitality is offered from 3 to 5 on Friday and at breaks. Stop in, meet some members, pick up a brochure. Lots of complimentary refreshments will be available. We look forward to meeting you!

PHOTOGRAPHS

Typically photographs are taken at a conference like this for education and promotional materials. However, as we are sensitive to the fact there is still too much stigma associated with addiction we have decided we will not take photographs. We ask that if you take photos please be aware of others in your pictures and be mindful where you may post them. Thank you.

A NOTE ON WORSHIP

Brief closing worship services will follow the general sessions on Friday and Saturday night. Worship with Holy Communion will be celebrated on Sunday morning at the end of the conference. The service will borrow from some recovery worship sources and are designed to be inclusive and ecumenical. All are welcome to these services and all are welcome to receive Communion. There will be the option of gluten free wafers and juice for those who prefer.

Vista 2207

Beating the Odds – Gambling Addiction

Rev. Don Southworth

Legalized gambling is growing and so are its effects, usually invisible, for addicts and their family. Rev. Southworth is a long time recovering compulsive gambler who has worked with congregations and clergy as a pastor and past executive director of the Unitarian Universalist Ministers Association. This workshop will explore:

- How is compulsive gambling one of the more invisible addictions and what does it look like?
- What are the consequences of the growth of legalized gambling for those who become addicted and the larger society?
- How can clergy and lay people spot the signs of compulsive gambling and help encourage gamblers, and especially their loved ones to get help?
- How might faith communities offer education, prevention and support for compulsive gambling on their own and with allies and partners?
- Does a spiritual awakening look and happen differently for compulsive gamblers than other addicts?

OPTIONAL EVENTS

These events are presented for your enjoyment, but also as examples of the kinds of ministries and activities that could be done in any congregation and would appeal to those in recovery from addiction.

12-STEP DROP-IN OPEN MEETING

Offered Friday afternoon and each morning and evening of the conference. 12-Step meetings have been found to be the most effective means of recovering from addiction. If you've never been to a meeting come and listen it and see how it works. All are welcome and encouraged to attend.

CONSCIOUS CONTACT SPIRITUAL DRUMMING

Modeled after a 12-Step meeting but with the focus on spirituality, prayer and meditation. The meetings begin with sharing on the topic of spiritual growth and concludes with prayer and meditation through drumming. Come and listen, come and drum. Drumming has proven to have therapeutic effects on the brain.

RECOVERY YOGA MEETINGS

Recovery Yoga Meetings® are group yoga practice that translates the spiritual principles of recovery into a physical experience. A certified yoga teacher guides participants through a sequence of yoga postures that embodies the principles of recovery, to "work the 12 Steps" physically. Mats and ministry resources are provided. All levels welcome. Free will offering appreciated.

YOGADEVOTION

Practicing in the Presence. Yogadevotion combines yoga and spiritual devotion into an integrated practice. All levels of ability welcome. Mats and ministry resources are provided. Free will offering appreciated.

BREAKOUT SESSIONS

LOCATION: 22nd Floor South Tower

BREAKOUT SERIES ONE: 11 A.M.- 12:15 P.M. • BREAKOUT SERIES TWO: 3:30 P.M.- 4:45 P.M

VISTA Room 2202

Spiritual Awakening as the Essence of Recovery

Rev. Eglo Bjarnadottir (Hazelden/Betty Ford) and Rev. Zoe Hill (Caron)

Drawing on experience as pastors and chaplains in residential addiction treatment, Bjarnadottir and Hill help explore these fundamental questions for pastoral leaders in the face of addiction as an urgent concern.

- What do we mean by spirituality as it relates to recovery for individuals and families affected by addiction?
- What are the characteristic features of spiritual crises and spiritual wellness?
- How do 12-step and other community-based approaches to recovery lead to greater spiritual well-being?
- How is the Christian witness to redemption and sanctification correlated to recovery's celebration of spiritual awakening?

VISTA 2204

Family Crisis in the Church

Michael Borowiak, MSW, LICSW and Emilee Rodriguez, LAMFT

Traverse Counseling and Consulting will lead faith leaders, including clergy, ministry directors and lay leaders within congregations to realize the magnitude of the substance abuse problems in our community and help them to:

- Understand the impact of substance abuse on families and common patterns that emerge.
- Learn how faith communities can constructively support families who struggle with substance abuse and work preventively to mitigate risk in your community.
- Realize the core competencies for Clergy and other faith leaders in addressing alcohol and drug dependence and the impact of families.

VISTA 2206

Tools and Best Practices for Addiction Ministry

Pastor Tom Scornavacchi (Common Ground Recovery Community),

Pastor Martha Postlethwaite (Recovery Church), Drew Brooks (Faith Partners)

This panel of ministry pioneers, successful in addiction ministry, will share their best practices:

- How to build communities of hope and healing.
- How belonging leads to faith.
- Make your church a safe place for people in recovery.
- Eliminating hidden forms of stigma.
- Use language that heals.
- How faith communities can address addiction.
- What an effective recovery ministry looks like.
- How to collaborate with community-based efforts.
- Ways congregations can support recovery.

VISTA 2208

Addiction: It's a Family Affair

Rev. Trish Sullivan Vanni, Ph.D. is

Pastoral Director of Charis Ecumenical Catholic Community. This session offers stories and strategies to pastoral leaders that will support them in a "whole system" approach to healing.

- How can we approach these people effectively?
- What are the tell-tail signs and stories that point to addiction as a variable in an issue?
- How do we determine the gravity of the situation and the appropriate interventions?
- Which elements of our faith traditions support these conversations, and which can be misunderstood and undermining?

GENERAL SESSION PRESENTERS



NADIA BOLZ-WEBER

FRIDAY: "The Distance Between Our Ideal Self and Our Actual Self"

SATURDAY: "What the Gospel and 12 Steps Say About the Tyranny of Perfection"

Pastor Bolz-Weber, an ordained Lutheran minister (ELCA), has been a sober member of the 12-step community since December 1991. She is the founding pastor of House for All Sinners and Saints in Denver, Colorado and internationally known for her vibrant and compelling keynotes as well as sermons. Boltz-Weber is the author of two New York Times bestselling memoirs, *Pastrix; The Cranky, Beautiful Faith of a Sinner & Saint* (2013) and *Accidental Saints: Finding God in All the Wrong People* (2015) **Learn more:** www.nadiabolzweber.com



ANNE WILSON SCHAEFF, PH.D.

SATURDAY: "The Role of Healing from Addiction from the Personal to the Planetary Level"

Dr. Schaeff is an internationally-known author, speaker, consultant and seminar leader. The author of sixteen best-selling books, her New York Times bestseller, *When Society Becomes an Addict* (1988) made a significant contribution to understanding how addiction and co-dependence are encouraged by social systems. Dr. Schaeff developed *Living in Process* work which focuses on recovery from the addictive process of individuals, families and societies and moves beyond to wholeness of body, mind and spirit. **Learn more:** www.annewilsonschaeff.com



OMAR MANEJWALA, M.D., M.B.A

SATURDAY: "Science, Faith and Addiction"

SUNDAY: "Why a Pill Alone Cannot Solve the Opioid Epidemic"

One of the nation's leading experts on addiction, Dr. Manejwala excels at explaining the role brain science plays in using a spiritual solution to treat addiction. Helping people understand addiction became his focus after losing one of his best friends to this disease. In addition to being a popular keynoter, Manejwala is the Chief Medical Officer at Catasys in Charlotte, North Carolina. He is the author of *Craving: Why We Can't Seem to Get Enough* (2013) and a Distinguished Fellow of the American Psychiatric Association, a Fellow of the American Society of Addiction Medicine and board certified in Psychiatry, Addiction Medicine and Medical Management. **Learn more:** www.manejwala.com

CONFERENCE SCHEDULE

FRIDAY

3 p.m.	Registration Opens	Garden Court
3 p.m.	Exhibit Viewing	Garden Court
3-5 p.m.	FRLC Orientation and Hospitality	Cabana Room 215
3-5 p.m.	Spiritual Direction**	Vista 2206 and Vista 2208
3-6 p.m.	Therapeutic Massage**	Vista 2202 and Vista 2004
3-5 p.m.	12-Step Drop-in Open Meeting	Vista 2207
6 p.m.	Welcome, Ed Treat	Garden Court
6 p.m.	Dinner	Garden Court
6:45-7 p.m.	Richard Stanek, Hennepin County Sheriff	Garden Court
7:15-8:30 p.m.	Keynote: The Rev. Nadia Bolz-Weber	Atrium 6
8:30 - 9 p.m.	Worship	Atrium 6
9-10 p.m.	12-Step Drop-in Open Meeting	Vista 2207
9-10 p.m.	Recovery Yoga Meetings	Vista 2206
9-10 p.m.	Yogadevotion	Vista 2208
9-10 p.m.	Conscious Contact	Vista 2202

SATURDAY

7-8 a.m.	12-Step Drop-in Open Meeting	Vista 2207
7-8 a.m.	Recovery Yoga Meetings	Vista 2206
7-8 a.m.	Yogadevotion	Vista 2208
7-8 a.m.	Conscious Contact	Vista 2202
7:30 a.m.	Registration Opens	Garden Court
7:30 a.m.	Exhibit Viewing	Garden Court
8 a.m.	Breakfast (Exhibitor Brief Presentations)	Garden Court
9:15-10:30 a.m.	Plenary Session: The Rev. Nadia Bolz-Weber	Atrium 6
10:30-11 a.m.	Book Signing- Nadia Bolz-Weber	Garden Court
10:30-11 a.m.	Coffee Break/Exhibit Viewing	Garden Court
11 a.m.-12:15 p.m.	Breakout Session Series One: Spiritual "Awakening" as the Essence of Recovery	Vista 2202
	Family Crisis in the Church	Vista 2204
	Tools and Best Practices for Addiction Ministry	Vista 2206
	Addiction: It's a Family Affair	Vista 2208
	Beating the Odds/ Gambling Addiction	Vista 2207
12:15-1:15 p.m.	Lunch	Garden Court

SATURDAY CONTINUED

1:30-1:45 p.m.	Logos/Faith Life Presentation	Atrium 6
1:45-3 p.m.	Plenary Session: Anne Wilson Schaeff, Ph.D	Atrium 6
3-3:30 p.m.	Book Signing- Anne Wilson Schaeff	Garden Court
3-3:30 p.m.	Coffee Break/Exhibit Viewing	Garden Court
3:30-4:45 p.m.	Breakout Sessions Series Two: Spiritual "Awakening" as the Essence of Recovery	Vista 2202
	Family Crisis in the Church	Vista 2204
	Tools and Best Practices for Addiction Ministry	Vista 2206
	Addiction: It's a Family Affair	Vista 2208
	Beating the Odds/ Gambling Addiction	Vista 2207
5-6 p.m.	Spiritual Direction**	Vista 2206 and Vista 2208
5-6 p.m.	Therapeutic Massage**	Vista 2204 and Vista 2007
5-6 p.m.	Conscious Contact	Vista 2202
6 p.m.	Dinner	Garden Court
7:15-8:30 p.m.	Plenary Session: Omar Manejwala, M.D.	Atrium 6
8:30 p.m.	Worship	Atrium 6
9-10 p.m.	12-Step Drop-in Open Meeting	Vista 2207
9-10 p.m.	Recovery Yoga Meetings	Vista 2206
9-10 p.m.	Yogadevotion	Vista 2208
9-10 p.m.	Conscious Contact	Vista 2202

SUNDAY

7-8 a.m.	12-Step Drop-in Open Meeting	Vista 2207
7-8 a.m.	Recovery Yoga Meetings	Vista 2206
7-8 a.m.	Yogadevotion	Vista 2208
7-8 a.m.	Conscious Contact	Vista 2202
7:30 a.m.	Registration Opens	Garden Court
8-9 a.m.	Breakfast	Garden Court
9:15-10:45 a.m.	Plenary Session: Omar Manejwala, M.D	Atrium 6
10:45-11 a.m.	Book Signing- Omar Manejwala	Garden Court
10:45-11 a.m.	Coffee Break	Garden Court
11-11:45 a.m.	Closing Worship with Holy Communion	Garden Court

All Vista rooms are located on the 22nd Floor, South Tower Atrium 6 is on the 2nd Floor, North Tower
 ** (pre-registration required)